



Career Change Workshop Agenda

See Monthly Calendar for Dates/Times (<http://eccc.guhsd.net>)

Day 1

- Introduction
- Transferable Skills List
- Values Auction
- COPS – Interest Inventory in relation to work activities
- Profile Guide

Day 2

- Learning Styles Inventory
- COPES – Personal Values in the Workplace
- Combining COPS and COPES Results
- Begin Summary Page

Day 3

- Computer Lab
- Holland Codes
 - Keirsey-Bates / Myers-Briggs
 - Personality Types in the Workplace

Day 4

- Computer Lab
- ONET and Other Career Research Websites
 - Career Navigation / Labor Market Information

Day 5

- Career Change Summary Sheet
- Paradigms - Video
- Uncle Harry – What Would you do if Money Wasn't an Issue?
- Goal Setting
- Informational Interviews
- Next Step

